



Welcome to the November 2021 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **fuN**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

Did You Know?

Did you know that if you have new staff members that are unfamiliar with the iNSPIRE Project and your iN2L program, they can schedule a personalized on-site or virtual orientation with the project's support team?

During this orientation, staff will gain an understanding of the goals and requirements of the CMP grant-funded project. They will also learn how to utilize iN2L's 23" Group Engagement system and tablets and explore the wide variety of available content.

To schedule an on-site or virtual orientation, you can contact Amanda Davidson by [email](#) or phone at (916) 469-3385.

Pictured below: Activities Director, Shakira Garcia (middle), at **Lone Tree Post Acute** meets with the iNSPIRE Project support team for an on-site orientation. Congratulations on your new position, Shakira!



Holiday Activities to Delight the Senses

The holiday season is upon us and planning for the festivities has begun. If you're looking for fun ways to incorporate your 23" Group Engagement system and your tablets into your activity plans, iN2L has got you covered!

Create Visual Ambience

A video of a crackling fireplace, light snowfall on trees, or the picturesque colors of a New England autumn brings the changing seasons inside. *(Under the "Relax" content - Relaxation)*

Add Some Tunes

To enhance the festive mood, play soft Jazz or holiday music in the background of your seasonal video to get those toes tapping! *(Under the "Listen" content - Jukebox)*

Let's Eat!

Tamales and gingerbread cookies and latkes, oh my! Find seasonal recipes that are sure to smell and taste amazing. *(Under the "For Staff" content - Activity Ideas - Seasonal Ideas - Winter - Winter Recipes)*

Register [here](#) for the Best Practices Meeting on Wednesday, November 24 from 2:00 PM - 2:30 PM where iN2L's Customer Success Manager, Carmeli Hocson, will explore more ways to use iN2L during the holidays!

Coming Soon

Don't forget to add these important dates to your calendar!

iNSPIRE Project Best Practices Meeting: Using iN2L During the Holidays

Wednesday, November 24

2:00 PM - 2:30 PM

Register [here!](#)

It's that time of the year! This month, come ready to share with your peers how your community will use iN2L's person-centered technology to spread holiday cheer amongst your residents, family members, staff, and volunteers. Customer Success Manager, Carmeli Hocson, will explore some new and exciting iN2L content that is sure to get you in the festive spirit this season!

Attend this 30-minute best practices meeting to get your iNSPIRE Project questions answered. Your support team and your peers will be available to respond to your questions, offer solutions and best practices, as well as share a few tips and tricks. This is an optional and informal meeting designed to support you and the implementation and integration of the iN2L program in your community. These best practices meetings will be held monthly.

Please note, the Best Practices Meeting in December has been canceled due to the Christmas holiday.

2021 - 2022 Quarterly Reporting Due Dates:

CASPER Report, Quality of Life (QOL), and Activity Participation Surveys

December 17, 2021

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

Questions? Please Contact Us.

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Amanda Davidson | LeadingAge CA
1315 I Street, Suite 100, Sacramento, CA
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